


Print Version: Egg Allergy Avoidance List

Hidden names for egg protein

The following ingredients found on a label indicate the presence of egg protein. All labels should be read carefully before consuming a product, even if it has been used safely in the past. Print and share copies of this list to assist people who shop or label read for your egg allergic child.

<p>Contains Egg: Albumin Apovitellin Cholesterol free egg substitute (e.g. Eggbeaters®) Dried egg solids, dried egg Egg, egg white, egg yolk Egg wash Eggnog Fat substitutes Globulin Livetin Lysozyme Mayonnaise</p> <p>May Contain Egg: <i>Artificial flavoring, natural flavoring</i> <i>Lecithin</i> <i>Nougat</i></p>	<p>Meringue, meringue powder Ovalbumin Ovoglobulin Ovomucin Ovomuroid Ovotransferrin Ovovitelia Ovovitellin Powdered eggs Silici albuminate Simplese Trailblazer Vitellin Whole egg</p>  <p>www.kidswithfoodallergies.org</p>
<p>Contains Egg: Albumin Apovitellin Cholesterol free egg substitute (e.g. Eggbeaters®) Dried egg solids, dried egg Egg, egg white, egg yolk Egg wash Eggnog Fat substitutes Globulin Livetin Lysozyme Mayonnaise</p> <p>May Contain Egg: <i>Artificial flavoring, natural flavoring</i> <i>Lecithin</i> <i>Nougat</i></p>	<p>Meringue, meringue powder Ovalbumin Ovoglobulin Ovomucin Ovomuroid Ovotransferrin Ovovitelia Ovovitellin Powdered eggs Silici albuminate Simplese Trailblazer Vitellin Whole egg</p>  <p>www.kidswithfoodallergies.org</p>