

OVERWHELMED? CONFUSED? WE'RE HERE FOR YOU.

Whether your child was just diagnosed with a food allergy, or if you have been on this path for a while, now's the time to get connected with KFA.

- Please send me information about membership.
- Please send me regular e-newsletters and other updates.

Name: _____

E-mail: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____



kidswithfoodallergies.org

NATIONAL NONPROFIT CHARITY

Creating better lives today for children
and their families

GET INVOLVED.

Join more than 20,000 members who are working together to create better lives for children with food allergies and their families.

Reach out to us if you are just getting started. We can help you not feel alone, and give you some pointers that will make your life easier and improve the quality of life for you and your child.

If you have been managing food allergies for a while, take an active role and help other parents just getting started who need that lifeline of support KFA offers. Or, you can raise funds for our organization so we can help even more families.

To find out more, go to
kidswithfoodallergies.org



facebook.com/kidswithfoodallergies



twitter.com/kfatweets

CREATING BETTER LIVES....TODAY

for children and their families.

Our support community has been growing for more than **TEN YEARS.**

We offer education, peer support, food/cooking assistance and outreach.

KFA'S WORK IS MADE POSSIBLE, IN PART, BY
THE GENEROUS SUPPORT OF OUR SPONSORS:



NATIONAL NONPROFIT CHARITY

73 Old Dublin Pike, Ste. 10, #163

Doylestown, PA 18901

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feel the world of support.



kidswithfoodallergies.org

NATIONAL NONPROFIT CHARITY



DAY-TO-DAY PEER SUPPORT FOR FAMILIES

Imagine being able to connect and share with a group of parents who understand the joys and challenges of raising a child with food allergies. Imagine posting a question and having dozens of people help you brainstorm a solution, or receiving sympathy when you're having a rough time. That's how our community can help you. Our volunteers and members are available 24/7, providing the advice, understanding and emotional support you need.

INFORMATION. SUPPORT. UNDERSTANDING. HOPE.

Yes, your child can have a normal, happy and fun-filled life! Our goal at Kids With Food Allergies is to empower parents like you to best care for their children by providing resources, support, coping skills and food/cooking help.

We offer a world of Internet-based support accessible from the comfort and convenience of your home or mobile device. Log on today to get practical solutions and real-time assistance for the everyday issues you face.

THE HEART of KFA's programs and services are found online at kidswithfoodallergies.org:

- **Online Community**
Get encouragement and social support from other parents.
- **Friends Connection**
Find others in your area to connect with for friendship or play dates.
- **Safe Recipes**
Search for safe and delicious recipes in our online recipe collection.
- **Cooking Support**
Learn how to adapt recipes, read labels, or grocery shop.
- **Resource Center**
Learn more about food allergies and how to manage them day to day.
- **News Updates**
Receive print and e-mail newsletters with timely information you need to know.

EVENTS

Raise funds to support our mission while participating in family-friendly events for everyone to enjoy.

Our online community and most services are offered free of charge. To find out more about memberships and how we can help you, go to kidswithfoodallergies.org.

PLACE
STAMP
HERE

Kids With Food Allergies
73 Old Dublin Pike, Ste 10 #163
Doylestown, PA 18901

“ I am so grateful to have a community of people who can really understand our life. Without this support I would be lost. ”

“ KFA provides hope, encouragement, and a forum for parents to get the support of other parents who are facing similar challenges. It is nice to know you are not alone. ”

“ Thank you for all that you do for the allergy community! Your organization has been a wonderful resource for me and my family! ”